



路線：由黃金海岸商場出發海濱長廊至海豚廣場折返起點 (3公里)

Route: Start from Gold Coast Piazza, via Golden Beach Promenade and turn at Dolphin Square (3 km)

途經黃金海岸巴士路線 Bus Routes passing by Gold Coast Piazza

52X 旺角 (柏景灣) Mong Kok (Park Avenue) ⇌ 屯門市中心 Tuen Mun Central
 53 荃灣西鐵站總站 Tsuen Wan West Station ⇌ 元朗 (東) 總站 Yuen Long (East)
 61M 荔景 (北) Lai King (North) ⇌ 友愛 (南) 總站 Yau Oi (South)
 252B 尖沙咀 Tsim Sha Tsui ⇌ 恒順園 Handsome Court
 962 銅鑼灣 (摩頓台) Causeway Bay (Moreton Terrace) ⇌ 屯門 (龍門居) Tuen Mun (Lung Mun Oasis)
 K51 富泰 Fu Tai ⇌ 大欖 Tai Lam

途經黃金海岸小巴路線 Minibus Routes passing by Gold Coast Piazza

43 屯門市中心 (河傍街) Tuen Mun Town Centre (Ho Pong Street) ⇌ 掃管笏 So Kwun Wat
 140M 青衣站 Tsing Yi Station ⇌ 屯門 (恒福花園) Tuen Mun (Hanford Garden)

步行者須知

- 步行者須確保其健康狀況良好，體力適宜參與是次活動；如有任何疑問，應先向醫生查詢。
- 步行者需自備飲品及食物，如感不適，請即時通知工作人員協助。
- 凡十八歲以下的步行者必須獲得家長/監護人的同意方可參與是次步行籌款。十二歲以下小童必須由成人陪同才可參加。
- 步行者必須遵照主辦機構人員以及其他工作人員的所有指示。
- 主辦機構保留權利在任何時間更改條款及細則、路線、時間及一切有關是次活動細則。
- 主辦機構若認為當日天氣對步行者的安全及健康造成危險，會保留權利取消活動或延期舉行；將於活動當天公佈最新安排。

Notes To Walkers

- Walkers must ensure his/her health and physical condition are good and suitable for Walk, and should consult a medical doctor beforehand if in any doubt.
- Please bring sufficient food and drink for the event. Stop if you are exhausted or feeling sick and contact the duty officer once for assistance.
- Any walker who is under the age of 18 must obtain prior consent from his/her parents/ guardian to participate in the Walk. Children under 12 must be accompanied by adult in the walk.
- The walker must obey all lawful instructions given by the organizer, and its personnel.
- The organizer reserves the right to change the Terms and Conditions, route, time and all the details related to the Walk.
- The organizer reserves the right to cancel or postpone the date of the Walk if in the opinion of organizer and the weather is such that it may impose serious risk to the safety and health of the Walker. Announcements on the latest arrangement will be made on the date.

扶康會是本港註冊的非牟利機構，主要為輕度至嚴重智障成人、精神康復者、自閉症人士及肢體殘障人士服務，現時有超過四十個服務單位。自1977年以來，本會貫徹「以愛同行、以求為導」的精神，不斷創新求變，緊貼社會需求，竭誠為殘疾人士提供多元化和適切的服務。本會亦積極倡導社會共融及發掘殘疾人士的潛能，讓更多社區人士認識和接觸殘疾人士，欣賞他們的才能，並接納他們是社會的一份子。

Fu Hong Society is a registered non-profit-making organization dedicated to serving persons with intellectual/ psychiatric/ physical disabilities and persons with autism spectrum disorders. The Society has currently operated more than 40 service units.

The Society has all along upheld the spirits of 'Walk together with Love' and 'Meet the Need, Take the Lead' since 1977, and has strived to make innovative efforts in meeting the changing needs of persons with disabilities by developing multi-faceted services. The Society also attaches great importance to advocacy of social inclusion and promotion of the potentials of persons with disabilities. Through various attempts, community members are able to know about and interact with persons with disabilities, appreciate their talents while accepting them as members of society.

電話 Tel: 2745 4214 傳真 Fax: 2361 2053

扶康會(傳訊及資源發展部)地址:

荃灣石圍角邨二號停車場地下

Fu Hong Society (Communications & Resources Development Department):

G/F, Car Park Block No.2, Shek Wai Kok Estate, Tsuen Wan

網址 Website: www.fuhong.org

電郵 Email: comms@fuhong.org

主辦



協辦



「Walk • In」 共融市集暨步行籌款

黃金海岸商場 (新界青山灣青山公路1號)

日期: 23.2.2020 (星期日)

時間: 10:00-15:00

免費入場

啟動典禮
10:00-10:15

為有特殊需要兒童服務籌款

步行籌款
10:00-11:00

黃金海岸商場
沿海濱長廊 - 海豚廣場
→ 折返起點

共融市集
10:30-15:00

慈善Outlet/互動工作坊

為社會企業協助殘疾人士就業籌款



活動查詢: 2745 4214

電郵: comms@fuhong.org

www.fuhong.org

地址: 扶康會賽馬會石圍角工場 (傳訊及資源發展部)
新界荃灣石圍角邨二號停車場地下

鑽石贊助



金贊助



鳴謝





捐款表格

我樂意支持他們自力更生！

I would like to help them Lead Dignified and Independent Lives

- ☐ HK\$200 ☐ HK\$500 ☐ HK\$1,000
☐ 其他Other Amount: _____

捐款方法 Donation Methods

- ☐ 現金 - 請把捐款直接存入本會滙豐銀行戶口119-290005-838
 (請把銀行存款收據連同本表格寄回本會)
 Cash - Direct pay-in to our HSBC Account 119-290005-838
 (Please send the bank pay-in-slip together with this form to our Society)
- ☐ 劃線支票 - 抬頭請寫「扶康會」
 Crossed Cheque - Payable to "Fu Hong Society"
- ☐ 按月自動轉帳 (自動轉帳表格將隨後寄上)
 Monthly Autopay (We will forward the autopay form to you)
- ☐ 信用卡 ☐ VISA Card 持卡人姓名
 Credit Card ☐ Master Card Cardholder's Name: _____
 信用卡號碼 有效期至
 Card No.: _____ Expiry Date: _____
 持卡人簽署 日期
 Cardholder's Signature: _____ Date: _____
 信用卡捐款可傳真至2361 2053
 Credit Card donation can be made by faxing this slip to 2361 2053
- ☐ 其他方法 Other Methods
 7-ELEVEN/ 繳費靈PPS (商戶編號 Merchant Code: 9380) (請把捐款收據連同表格
 寄回本會 Please send the donation receipt together with this form to our Society)
- * 捐款港幣100元或以上可憑收據申請扣除稅項
 Donation of HK\$100 or above are tax deductible with a receipt

捐款人資料 Donor Information

姓名/機構 (先生/女士) 電話
 Name / Company: _____ (Mr./ Ms.) Telephone: _____
 地址 日期
 Address: _____ Date: _____

請寄回填妥之表格 Please send this form back to:

扶康會 Fu Hong Society

傳訊及資源發展部地址: 荃灣石圍角邨二號停車場地下

Communications & Resources Development Department:
G/F, Car Park Block No.2, Shek Wai Kok Estate, Tsuen Wan

個人資料使用安排 Use of Personal Data

本會將使用閣下的個人資料 (如: 姓名、電話、傳真、電郵及郵寄地址等) 就本會資訊、籌款、服務、培訓課程及產品推廣、活動邀請、義工招募及意見收集等與閣下通訊及聯繫之用, 如閣下不同意本會繼續使用你的個人資料作上述用途, 請填寫以下回條交回本會。

FHS will use your personal data (including your name, phone number, fax number, email and mailing address) to communicate with you for organization information, fund-raising, promotion of services, training courses and products, invitation to events, recruitment of volunteer and collection of opinion etc. If you object FHS to use your personal data for the purposes as stated above, please mark on the "Opt-out Reply" below, returning it to us.

拒收直接促銷通知回條 Opt-out Reply Slip

- ☐ 本人不同意扶康會繼續使用本人的個人資料作籌款、服務、培訓課程及產品推廣、活動邀請、義工招募及意見收集等用途。
 I disagree to have my personal data being used by Fu Hong Society for fund-raising, promotion of services, training courses and products, invitation to events, recruitment of volunteer and collection of opinion etc



步行籌款參加表格2020 Walkathon Registration Form

參加者/機構/團隊名稱 Name of Walker/ Organisation/ Team _____

聯絡人姓名 Name of Contact Person _____

參加人數 No. of Participant(s) _____

地址 Address _____

電話 Tel _____ 傳真 Fax _____

電郵 Email _____

贊助入資料 Details of Sponsors

贊助入姓名 (請以正楷書寫) Name of Sponsors (In Block Letter)	贊助金額 \$ Amount of Donation \$	需要收據請"✓" "✓" for a receipt
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		

如空位不夠, 請影印本表格。 Please copy the form for more entries.

- 除特別註明外, 贊助人的姓名將填寫在收據上。
 Unless stated otherwise the name of the sponsor will be printed on the receipt.
- 正式收據將由參加者代為分發。
 Donation receipts will be mailed to participants for distributing to sponsors.

獎項 Award

- 個人最高籌款獎冠軍及亞軍
 Champion and First Runner-up for "Top Fund Raiser"
- 隊伍最高籌款獎冠軍及亞軍
 Champion and First Runner-up for "Top Fund Raising Team"
- 最陣容鼎盛隊伍獎
 The Largest Team

紀念品 Souvenir

所有參加者均可獲贈精美禮品包

All Participants would be acknowledged with souvenirs

大會將設置水站, 步行者請自備水壺或水樽添加飲用水, 水站一概不提供杯或器皿。

Organizer will set-up water stations, walker must bring his/her own reusable bottle. Organizer will not offer any paper cups, single-use bottle water and any container.

交付善款方法 Payment Procedure

請將現金存入本會滙豐銀行戶口119-290005-838, 將銀行存款收據或支票(抬頭: 扶康會), 連同本表格副本寄回/傳真予本會或於步行當日交付現場的登記處。

捐款收據將於三個月內郵寄予閣下。

Please return the copy of this registration form together with bank pay-in-slip (HSBC Account 119-290005-838) or cheque (payable to "Fu Hong Society") to our Society or hand in to the Registration Counter on site. Official receipts will be sent to the participants within 3 months.

扶康會(傳訊及資源發展部)地址: 荃灣石圍角邨二號停車場地下
 Fu Hong Society (Communications & Resources Development Department): G/F, Car Park Block No.2, Shek Wai Kok Estate, Tsuen Wan
 傳真號碼 Fax: 2361 2053
 查詢電話 Tel: 2745 4214

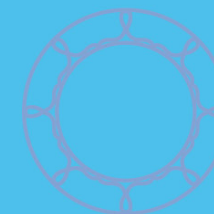
報名後, 可繼續保留表格尋求贊助 Please keep the form to seek more sponsors

為方便統計人數, 參加者請於2020年2月14日(星期五)前將參加表格副本交回本會。

Participants are required to send the copy of registration form to our Society before 14th February 2020.

起點登記印章

Chop at the registration counter



終點登記印章

Chop at the destination

